

# Social Distancing

**Social distancing** means remaining out of congregate settings, avoiding mass gatherings, and maintaining distance (approximately 6 feet or 2 meters) from others when possible.

**Congregate settings** are crowded public places where close contact with others may occur, such as shopping centers, movie theaters, stadiums.

**Close contact** is defined as:

a) being within approximately 6 feet (2 meters) of a COVID-19 case for a prolonged period of time; close contact can occur while caring for, living with, visiting, or sharing a healthcare waiting area or room with a COVID-19 case

– or –

b) having direct contact with infectious secretions of a COVID-19 case (e.g., being coughed on)

## **Contacts of Asymptomatic People Exposed to COVID-19**

CDC does not recommend testing, symptom monitoring or special management for people exposed to asymptomatic people with potential exposures to COVID-19 (such as in a household), i.e., "contacts of contacts;" these people are not considered exposed to COVID-19



Do not take public transportation, taxis, or ride-shares.



Avoid crowded places (such as shopping centers and movie theaters) and limit activities in public.



Keep your distance from others (about 6 feet or 2 meters).

## **TAKE EVERYDAY PRECAUTIONS**



**WASH YOUR HANDS**



**DON'T TOUCH FACE**



**AVOID SICK PEOPLE**